

Today's FEATURES

come see what we're cooking up at the chef's tables this week!

IOC
week of 09.29.24

monday & wednesday lunch served 11am-1pm
thursday breakfast served 6am-9am



sunday

lunch: herb roasted pork loin / sweet potato casserole
dinner: chicken tinga tacos / spicy black beans

monday

lunch: : chicken fettuccini alfredo / roasted veggies
dinner: beer battered cod / baked mac & cheese

tuesday

lunch: food trucks on campus
dinner: bbq peach pork sandwich / dill potato salad

wednesday

lunch: chipotle flank steak tacos / spanish green rice
dinner: buffalo shrimp quesadilla / spanish rice

thursday

lunch: blackened chicken / red beans & rice
dinner: honey hoisin flank steak / asparagus and red peppers

friday

lunch: texas pot roast / garlic mashed potatoes
dinner: greek chicken pita / lemon basmati rice

saturday

lunch: fried pork chop / smoked sweet potato wedges
dinner: country fried steak or chicken / mashed potatoes

breakfast features

monday
chorizo potato egg taco
tuesday
spinach and mushroom
frittata
wednesday
bacon and egg biscuit
thursday
veggie breakfast burrito
friday
egg and cheese croissant

SPRIG & SPROUT
OPEN UP SOME GOODNESS

selection of grab and go
sandwiches | salads
snack packs | parfaits
available in the market first floor



starbucks
7:00am - 7:00pm

